

## Client and Care Partner Forum Minutes

Date: November 5, 2024

Time: 2:00-3:00pm and 6:00-7:00pm

Location: Via Zoom

Agenda Item	Discussion Items and Decisions	Actions Required
Welcome and Introductions	<ul style="list-style-type: none"> <li>• Welcome from Becky Clark, Director</li> <li>• Introductions of Lindsay Stewart, Nursing Care Manager and Elizabeth Hardy, Day Program Manager</li> </ul>	
Purpose of the Forum	<ul style="list-style-type: none"> <li>• Platform for clients and care partners to share feedback on their day program and support experiences while staying informed about updates and the latest news</li> <li>• Anyone can join the forum, not limited to those enrolled in the day program</li> <li>• Less structured than the Client and Care Partner Council which meets every 2 months</li> <li>• The council is more formal and focused on decision-making, it is restricted to clients currently attending the day program and/or their care partners</li> </ul>	
Maggie's Run	<ul style="list-style-type: none"> <li>• Maggie's Run (fundraiser for McCormick Home) took place on September 14<sup>th</sup> and the day program's team "The Daytrippers" were the top fundraising team - thank you for your support!</li> </ul>	
Dementia Services Updates	<ul style="list-style-type: none"> <li>• Day Program Numbers               <ul style="list-style-type: none"> <li>○ Approx. 170 unique clients currently attending</li> <li>○ 59 clients attend each day, most attend 1 or 2 days per week, small number attend 3 days</li> <li>○ Approx. 240 people on the waitlist</li> <li>○ Average length of wait for first day is 18 months</li> </ul> </li> <li>• Program Expansions               <ul style="list-style-type: none"> <li>○ Funding for additional staff was received earlier this year which allowed for additional spaces</li> <li>○ The afternoon program (2:30-8:00p.m. also returned in July for 5 clients each weeknight</li> </ul> </li> <li>• Access to overnight respite               <ul style="list-style-type: none"> <li>○ In February, overnight respite was expanded to include Salvation Army Day Program (SADP) clients, approx. 20 referrals from SADP have been received since then</li> </ul> </li> <li>• Care Partner support staffing changes               <ul style="list-style-type: none"> <li>○ Nancy O'Regan continues to support the social work team in a part-time capacity and has been assisting with assessments for new admissions, education programs, and webinars</li> </ul> </li> </ul>	

<p>Updates from Elizabeth</p>	<ul style="list-style-type: none"> <li>• A tour video of the day program is in the works – on October 29<sup>th</sup> and videography company was at the day program filming staff and client interviews as well as videos of the space</li> <li>• 3 videos will be created highlighting the day program, respite care and care partner supports</li> <li>• Elizabeth outlined a typical day at the day program: <ul style="list-style-type: none"> <li>○ Clients arrive at 9:30a.m. and are divided into three programming rooms: Ivy, Parkview, and Hampton</li> <li>○ Mornings begin with a coffee/tea social, table activities, and an exercise circle</li> <li>○ Programming for the rest of the day varies and does depend on which programming room the clients are in, could be activities such as musical entertainment, cognitive games, active games, gardening, Montessori tasks, crafts, etc.</li> </ul> </li> <li>• Jen inquired if there was any way to know about activities that clients have had success with at the day program so that they can be implemented at home – yes, each client has a primary recreation staff member who can be reached any time for activity suggestions</li> <li>• Foundation support <ul style="list-style-type: none"> <li>○ The McCormick Care Foundation supports the day program financially with things such as the outdoor gardens, entertainment, enhanced recreation programming and our subsidy fund</li> </ul> </li> <li>• Recreation placement students <ul style="list-style-type: none"> <li>○ The day program currently has two placement students, one from Western University’s Health Science program and the other from Mohawk College’s Recreation and Leisure program</li> <li>○ These students will participate in special projects while on their placement</li> </ul> </li> </ul>	
<p>McCormick Mobile Update</p>	<ul style="list-style-type: none"> <li>• The McCormick Mobile pilot project is now complete</li> <li>• The funds raised for McCormick Mobile allowed for the creation of a workbook, care partner education videos, and a six week individualized education program in the homes of clients and care partners</li> <li>• The researchers are currently going through the data</li> </ul>	
<p>Updates from Lindsay</p>	<ul style="list-style-type: none"> <li>• Reminder that clients cannot attend the day program if they are exhibiting any signs of illness</li> <li>• A care partner must be available to pick clients up in a timely manner, both during their regular day program and during overnight respite</li> <li>• Clients who live in retirement homes are not able to attend the day program if there are any active outbreaks of illness in their home</li> <li>• Reminder that all medication administered at the day program requires a prescription or doctor’s order, even for over-the-</li> </ul>	

	<p>counter medications. Medications must be sent in blister packages or original pharmacy-labeled containers.</p> <ul style="list-style-type: none"> <li>• The day program has begun tracking client hospital visits. If consent to view health care records has been signed, Lindsay is able to view updates provided from the hospital.</li> <li>• Day program staff are also able to collect urine samples to send for testing, if required.</li> </ul>	
Parking Lot Process Review	<ul style="list-style-type: none"> <li>• A reminder to those who drop off clients at the club to please pull up as close to the “cars” sign as possible so that 2 cars can fit in front of the buses</li> <li>• If both spaces are occupied, please wait alongside the buses until a space is available. Please ensure there is enough space on your left so cars and/or emergency vehicles can pass.</li> </ul>	
Upcoming Events	<ul style="list-style-type: none"> <li>• Light Up McCormick – November 20<sup>th</sup></li> <li>• Client and Care Partner Council Meeting – November 28<sup>th</sup> at 10:00-11:30a.m.</li> <li>• McCormick Home Craft Bazaar – November 29<sup>th</sup></li> <li>• December Open House for current day program clients and a guest – week of December 9<sup>th</sup> from 1:30-2:30pm – RSVP to Natalie!</li> </ul>	
Website and Webinars	<ul style="list-style-type: none"> <li>• Information on McCormick Mobile is now available at: <a href="https://mccormickcaregroup.ca/resources/mccormick-mobile-pilot-project/">https://mccormickcaregroup.ca/resources/mccormick-mobile-pilot-project/</a></li> <li>• New care partner education videos can also be found at the link above</li> <li>• Webinars are typically held monthly, schedule and past webinar recordings can be found at <a href="https://mccormickcaregroup.ca/resource-centre/webinars/">https://mccormickcaregroup.ca/resource-centre/webinars/</a></li> </ul>	

Next Client and Care Partner Forum meeting: Tuesday, April 22, 2025 at 2:00 p.m. and 6:00 p.m.