



The Ten Absolutes of Caregiving

Never Argue - Instead Agree

Never Reason - Instead Divert

Never Shame - Instead Distract

Never Say "Remember" - Instead Reminisce

Never say "I Told You" - Instead Repeat & Regroup

Never say "You Can't" - Find Out What CAN Be Done

Never Command or Demand - Instead Ask or Model

Never Condescend - Instead Encourage and Praise

Never Force - Instead, Reinforce

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